

Spring Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Spaghetti with Beef Bolognese	Mild Chicken Curry and Rice	Roast Gammon with Roast Potatoes and Gravy	Beef Lasagne with Garlic Slice	Fish Wich with Chipped Potatoes
Vegetarian Option	Vegetable Lasagne	Lentil and Vegetable Stew with Rice	Cheese and Pepper Whirl with Roast Potatoes	Macaroni Cheese with leeks and Garlic Slice	Tomato and Onion Flan with Chipped Potatoes
Vegetables	Carrots Garden Peas	Sweet corn	Cabbage Carrots	Broccoli and Cauliflower	Baked Beans Garden Peas
Deli Option	Tuna Wrap with Salad	Cheese and Onion Melt with Salad	Roast Gammon Baguette with Salad	Chicken and Sweet corn and Mayonnaise Pasta Pot	Cheese and Tomato Panini with Salad
<p>Daily Salad Selection of Lettuce, Tomato, Cucumber, Beetroot, Sweetcorn, Coleslaw, & Carrot. Look out also for our "Salad Special" of the Day Jacket Potatoes with Grated Cheddar, Tuna Mayonnaise or Baked Beans will be available as advertised</p>					
Dessert	Apple and Pear Crumble with Custard Yoghurt Fresh Fruit Salad	Orange Sponge with Custard Yoghurt Fresh Fruit Wedges	Fruit Jelly Yoghurt Fresh Fruit Salad	Jam Tart with Custard Yoghurt Fresh Fruit platter	Cheese and Biscuits Yoghurt, Fresh Fruit Salad
Spring Wk 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Cottage Pie	Spicy Chicken Pizza with Jacket Wedges	Roast Turkey with Roast Potatoes and Gravy	Pasta Bolognese with Garlic Bread	Battered Fish Chipped Potatoes, Tomato Sauce
Vegetarian Option	Vegetarian Toad in the Hole with Mashed Potato	Cheese and Tomato Pizza with Jacket Wedges	Lentil and Vegetable Quorn Roast with Roast Potatoes and Gravy	Mixed Bean Hot Pot with Garlic Bread	Vegetable Fajitas Bake with Chipped Potatoes
Vegetables	Garden Peas Carrots	Sweet corn Mixed Salad	Broccoli Carrots	Baked Tomatoes Sweet corn	Baked Beans Garden Peas
Deli option	Hot Tuna Melt Baguette	Chicken and Bacon Wrap with Salad	Roast Turkey Baguette with Salad	Beef Burger in a Bun with Mixed Salad	BLT Baguette
<p>Daily Salad Selection of Lettuce, Tomato, Cucumber, Beetroot, Sweetcorn, Coleslaw, & Carrot. Look out also for our "Salad Special" of the Day Jacket Potatoes with Grated Cheddar, Tuna Mayonnaise or Baked Beans will be available as advertised</p>					
Dessert	Rhubarb Crumble and Custard Yoghurts Fresh Fruit Platter	Fruit Smoothie Yoghurt Fresh Fruit Platter	Milk and Shortbread Yoghurt Fresh Fruit Salad	Eve's Pudding with Custard Yoghurts Fresh Fruit Platter	Cheese and Biscuits Yoghurt, Fresh Fruit Salad
Spring Wk 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Savoury Mince with Rice	Sausages with Mashed Potato and Gravy	Roast Pork with Roast Potatoes and Gravy	Turkey Stir Fry	Battered Fish with Chipped Potatoes, Tomato Sauce
Vegetarian Option	Lentil and Spinach Curry with Rice	Country Vegetable Pie topped with Mashed Potato	Spanish Omelette Roast Potatoes	Vegetable Burger in a bun with Salsa	Vegetable Pasta Bake with Chipped Potatoes
Vegetables	Swede Sweet Corn	Baked Beans Green Beans	Shredded Cabbage Carrots	Broccoli Garden Peas	Baked Tomatoes Baked Beans
Deli option	Tuna and Sweetcorn Wrap with Salad	Sausage Baguette with Mixed Salad	Ham and Cheese Melt with Salad	Chicken Burger in a Bun with Salad	Spanish Omelette with Salad
<p>Daily Salad Selection of Lettuce, Tomato, Cucumber, Beetroot, Sweetcorn, Coleslaw, & Carrot. Look out also for our "Salad Special" of the Day Jacket Potatoes with Grated Cheddar, Tuna Mayonnaise or Baked Beans will be available as advertised</p>					
Dessert	Iced Sponge with Custard Yoghurts Fresh Fruit Platter	Cherry and Pear Cobbler with Custard Yoghurts Fresh Fruit Platter	Cheese and Biscuits Yoghurts Fresh Fruit Platter	Bread and Butter Pudding Yoghurts Fresh Fruit Platter	Fruit Smoothie Yoghurts Fresh Fruit Platter
Daily Additions	Water Wholemeal Bread Selection	Water Wholemeal Bread Selection	Water Wholemeal Bread Selection	Water Wholemeal Bread Selection	Water Wholemeal Bread Selection
<p>Oily Fish Locally sourced ingredient when in season and available</p>					